National Reconciliation Week

National Reconciliation Week is celebrated across Australia each year between 27 May and 3 June. The dates commemorate two significant milestones in the reconciliation journey—the anniversaries of the successful 1967 referendum and the High Court Mabo decision.

Some suggested activities for National Reconciliation Week include:

* Praise people on a job well done
* Recognise and appreciate people’s culture and heritage
* Respect, appreciate and learn from your elders
* Appreciate Aboriginal art, actors, dance and music
* Turn your good intentions into actions
* Share a meal or a cuppa with others

Value of the Week

Week 5 and 6
Value of the Week—Team work

Public Speaking

Congratulations to Monique and Katie who represented St Joseph’s at the Principal’s Public Speaking Competition last week.
Winter School Uniform

The children should now be wearing the winter uniform to school.

Boys
- Grey trousers
- Light blue polo shirt or skivvy
- Navy blue polar fleece or jacket
- Black leather shoes

Girls
- Navy slacks or
- Navy culottes and navy tights
- Light blue polo shirt or skivvy
- Navy blue polar fleece or jacket
- Black leather shoes

Please ensure that your child is wearing a jumper to school now that the weather is cool in the mornings.

Label Your Child’s Belongings

Just a reminder to put your child’s name or initials clearly on all of their belongings. Including lunch boxes, lunch box lids, drink bottles, jumpers and tracksuit jackets and pants.

This ensures that any lost property can be quickly returned to the owner.

First Communion Meeting

Just a reminder that there is a First Communion Meeting next Wednesday 29th May at 5pm in the primary classroom. Parents and children need to attend this meeting.

Newsletters

The school’s newsletter is now being uploaded each week to the web page. Go to www.stjbombala.nsw.edu.au

Please contact Kim if you would like to receive the newsletter via email each week at kim.crannis@cg.catholic.edu.au

Music on Mondays

Just a reminder that the Year 3-6 class have music each Monday with Sherri Olding. The children need to bring in their instruments each week for their music lesson.
On Tuesday the St Joseph’s students were able to participate in the Questacon Circus travelling road show. Both the infants and the primary enjoyed the experiments that Dan and Sarah had to offer. Some of these were looking at sound, weight and reactions. A highlight for the group was when they sat a table on top of some balloons and then let children stand on top without the balloons bursting. The exciting conclusion included Dan’s hands being lit on fire from a reaction between bubbles and gas. The aim of the Questacon circus is to engage students with what science is and how it is important while also being fun.

Primary Assembly

Prepare to be entertained at the primary assembly which will be held tomorrow Fri 31st May at 2:30pm in the Parish Centre

Do not forget to invite family and friends to come along.

The Infants Assembly will be held Thurs 20th June at 2:30pm in the Parish Centre

Thumbs Up

Thumbs up to all of the parents and children who worked so hard at the recent working bees.
Management of Infectious Diseases in Schools
As it is that time of year again, please help the school manage the spread of infectious diseases.

*If your child has diarrhoea or vomiting they need to be absent from school for 24 hours after their last bout.*

Jennifer McShane
Massage Therapy For Women

“...go ahead take care of yourself”

✔ Decreases depression
✔ Eases menopausal problems
✔ Decreases water retention
✔ Strengthens immune system
✔ Lessens anxiety
✔ Reduces spasms and cramping
✔ Relieves tired aching muscles
✔ Alleviates lower-back pain
✔ Relieves arthritis pain
✔ Improves circulation
✔ Fosters a feeling of well-being
✔ Improves skin tone
✔ Relieves stress
✔ Improves joint flexibility
✔ Helps reduce blood pressure
✔ Reduces plantar fasciitis pain
✔ Enhances sleep quality
✔ Reduces fibromyalgia symptoms

For Appointments phone 0497 623 773

Words of Wisdom
It is not fair to ask of others what you are unwilling to do yourself.

Basketball Backboards
The school has had an offer to make the new set of basketball backboards. Do you know of anyone who might be able to donate the materials so this project can go ahead?

If so please contact the school on 64583776 or email kim.crannis@cg.catholic.edu.au

Message from Mary MacKillop
When I could not see my way God kept my heart full of trust to make all come right. (1883)
**Strategies for Reading at Home**

Would you like reading to be an enjoyable experience with your child?
Do you want to know how to encourage your child to read more?
Have you wondered what strategies might help your child read?
Would you like to read with children at school as a parent helper?

Come along and meet our Literacy Coach, Mary Kite. Mary will show strategies that can help your child with reading, build their confidence and make reading a happy family time together (no nagging required!).

**Who:** Parents who have children in Kinder to Year 6

**When:** Tuesday 4 June

**Time:** 7 - 8 pm

**Where:** Year 3 - 6 classroom

Tea/coffee and biscuits will be provided

**Going Green**

Plant a tree.

**RE News**

The Body and Blood of Christ

This feast recalls when Jesus gave us his body and blood in the form of water and wine at the Last Supper. Each time we celebrate the Eucharist we receive the body and blood of Christ and we are united with Jesus and with the church community. The Eucharist nourishes us and is our food for life. This feast was once called Corpus Christi and this is a Latin for the Body of Christ.

**Cleaning Roster**

31/05/13
Marsha Sten

**Canteen Roster**

03/06/13
Lauren Yelds
Greetings from God

Do God’s will with a smile.

Keyboards

Wanted - second hand keyboards for the music program. Please contact the school on 6458 3776 if you have a keyboard that you no longer use at home.

FYI

If you have misplaced a note and are not sure of the details of an upcoming event, just phone Kim on 0418 44 99 14 for the information.

Birthdays

Sr Teresa—31st May
Jaimie—31st May

Working Bee

A big thank you to those families who were able to make it to the working bee last weekend. Once again lots of jobs were completed. St Joey’s is truly blessed to have such hard working and generous parents supporting the school.
Infant News

Push Pull

In science we have been learning about push and pull. We have been conducting various experiments to learn more about how gravity is involved in push and pull. In our last lesson we had to place various objects into water and rate the pull of gravity versus the push of water. We found that large objects with lots of air (basketballs) were harder to push into the bucket of water than a smaller object (tennis balls).

Primary News

In Art the children are making a mosaic sign for the front of the school. Thank you to Lana Martin McInnes who has been teaching the children the skills involved in mosaics.

There are currently two sports jackets and three blue jumpers in the primary classroom with no names. These items have been at school for a few weeks. Please check to see if your child is missing a jumper or jacket.